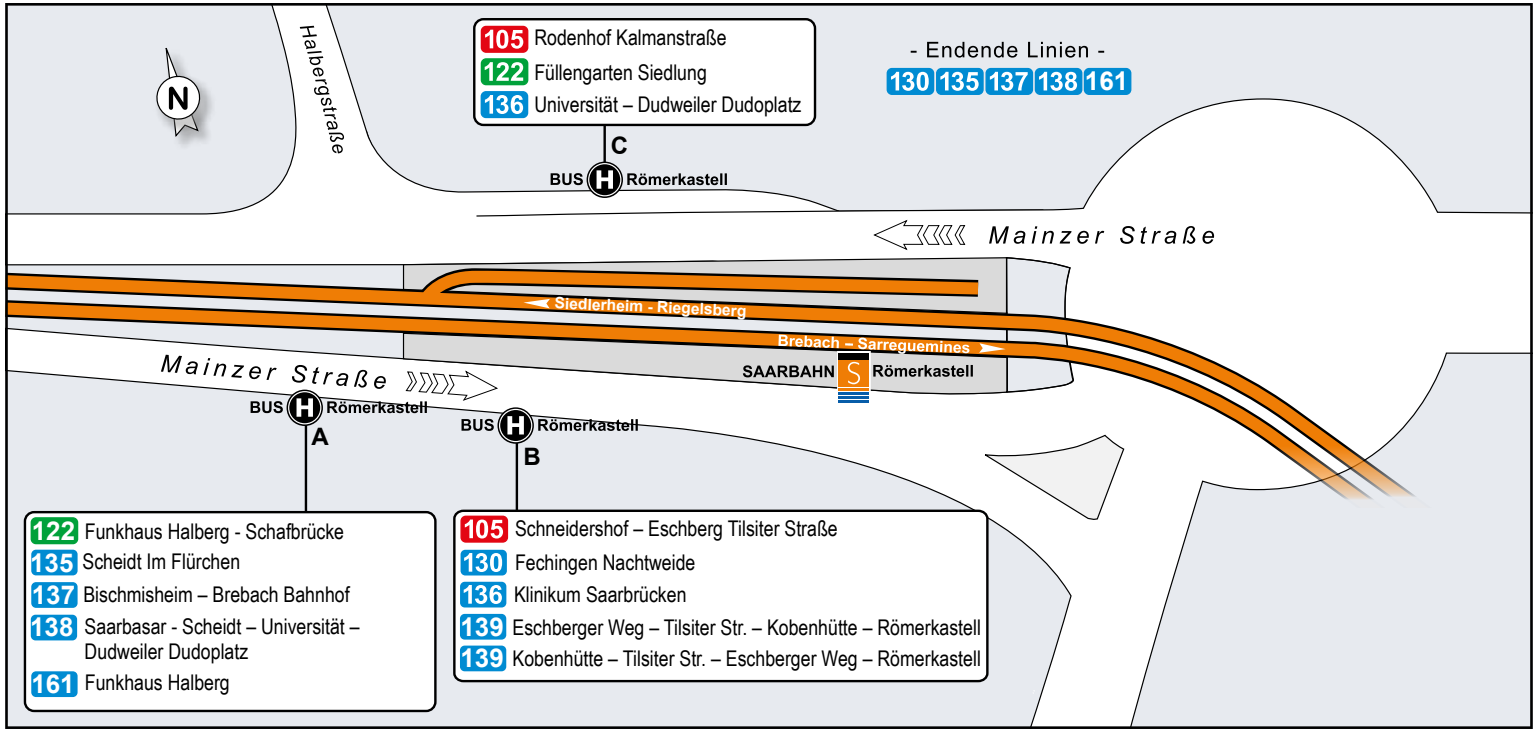Römerkastell